

## **Good Samaritan Rehabilitation Facility Daily Schedule-Sunnyside House**

### **Monday Schedule**

6:00am- wake up men (lights on and shower) 6:10am men out of bed!  
6:35am-15 min energy boost workout  
6:50am-circle up for breakfast and pray  
7:00am- breakfast and clean up  
7:30am- proverbs bible study  
8:45am- break  
9:00am- bible tape  
9:30am- bible writings or topicals (turn in memory verse/accountability logs)  
10:00am-homework time/continue topical work/ etc.  
10:45am- Prepare lunch, Circle up, pray, eat and clean up  
11:35am- Leave for CSC  
12:00pm- CSC – at the church (MJ)  
1:30pm- Come Home from church  
2:15pm- Inside Chores  
3:00pm- Free time (shower time) (no TV)  
4:00pm- Person scheduled for dinner cooks  
5:00pm- circle up for dinner and pray  
5:30pm- clean up and do night watch  
6:15pm- leave for bible study  
6:30pm- Bible study – at the church  
10:30pm-Circle up and pray out/no snacks  
11:00pm- bed time, lights out if possible, sometimes Mondays are a little later.

### **Tuesday Schedule**

7:00am- wake up men (lights on and shower) 7:10 men out of bed!  
7:35am-circle up and pray and breakfast and clean up  
8:15am- proverbs bible study  
9:30am- Break Time  
10:00am- James Study (Glenn) @ Bonnell  
11:30am- Prepare lunch, circle up, pray, eat and clean up  
12:30pm Prepare for battle zone  
1:00pm- BattleZone Class @ Bonnell  
3:00pm-Bathroom break and Leave for MRT  
3:30pm- MRT – at the church (Kelly)  
5:30pm- Prepare dinner, circle up, pray, eat and clean up  
7:30pm- God time  
9:00pm- night watch, circle up and pray out (shower time)  
10:00pm- bed time lights out

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### **Wednesday schedule**

6:00am- wake up men (lights on and shower) 6:10am men out of bed!  
6:35am- 15 min energy boost workout  
6:50am- circle up for breakfast and pray  
7:00am- breakfast and clean up  
7:30am- proverbs bible study  
8:45am- break  
9:00am- bible tape  
9:30am- bible tape writings  
10:00am- Outside Chores  
10:50am- Inside Chores  
11:30am- Prepare lunch, circle up, pray, eat and clean up  
12:30pm- bible tape  
1:00pm- bible tape writings or topicals  
1:30pm- Relapse Prevention w/Jay  
3:00pm- free time (shower time) (no TV)  
5:30pm- Circle up for dinner and pray  
6:30pm- Cell group  
9:30pm- night watch, circle up and pray out  
10:00pm- bed time lights out/no snacks

### **Thursday schedule**

6:00am- wake up men (lights on) 6:10am men out of bed!  
6:35am- 15 min energy boost workout  
6:50am- circle up for breakfast and pray  
7:00am- breakfast and clean up  
7:30am- proverbs bible study  
8:45am- bible tape  
9:15am- bible writings or topicals  
9:45am-Break  
10:00am- Basic Study (Jeff) @ Bonnell  
11:30am- Prepare lunch, circle up, pray, eat and clean up  
12:30pm- Bible tape  
1:00pm- Bible tape writings or topicals  
1:45pm- Hermeneutics Study (Steven) Bonnell  
3:30pm- free time/ Person scheduled for dinner cooks (shower time) (no TV)  
5:00pm- circle up for dinner and pray  
5:30pm- Clean up  
6:00pm- prayer Time/God time  
7:10pm- Finance w/Dave Ramsey  
9:00pm- night watch, circle up and pray out (shower time)  
10:00pm- bed time lights out

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### **Friday schedule**

6:00am- wake up men (lights on and shower) 6:10am men out of bed!  
6:35am-15 minute energy boost workout  
6:55am- circle up for breakfast and pray  
6:50am- breakfast and clean up  
7:30am- proverbs bible study  
8:45am- break  
9:00am- Bible Tape  
9:30am-Bible tape writings or Topicals  
10:00am- God Time  
11:30am- Prepare lunch, circle up, pray, eat and clean up  
12:30pm- break  
1:15pm- Drive to place of benevolence  
2:00pm- Benevolence service  
4:30pm- Drive back to Ranch  
5:00pm- free time (shower time) (no TV)  
6:00pm- Circle up for dinner and pray  
6:30pm- clean up/ free time movies, games, and snacks  
10:00pm- night watch, circle up and pray out.  
11:00pm- lights out

### **Saturday schedule**

7:00am- wake up men (light on and shower) 7:10am men out of bed!  
7:40am- 15 min energy boost workout  
7:55am- circle up for breakfast and pray  
8:00am- breakfast and clean up  
8:30am- Proverbs bible study  
9:45am-break  
10:00am- Inside Chores  
11:30am- Prepare lunch, circle up, pray, eat and clean up  
12:30pm- bible tape  
1:00pm- bible tape writings  
1:30pm- Outside Chores  
2:15pm- 10 min break  
2:25pm- Teaching tape  
4:00-4:30pm- Homework (If teaching tape is done in time)  
4:30pm- Free time (shower time) (no TV)  
5:00pm- Person scheduled for dinner cooks  
6:00pm- circle up for dinner and pray  
6:30pm- clean up  
7:00pm- free time (movie, homework) (Movie after dinner is cleaned up/shower time)  
9:00pm- Night watch, circle up and pray out (SNACK TIME ENDS)  
11:00pm- lights out

## **Good Samaritan Rehabilitation Facility Daily Schedule-Sunnyside House**

### **Sunday schedule**

7:00am- wake up men (light on and shower) 7:10 men out of bed!

7:30am- circle up for breakfast and pray and clean up

8:10am- Leave for church

8:30am- Christianity 101

10:30am- Church service

1:00pm- Prepare lunch circle up, pray, eat and clean up

2:00pm- free time (if time, shower ok) (No showers at 2:30) (no TV)

2:30pm- visiting with family

4:30pm- visiting over, free time/ Person scheduled for dinner cooks

5:00pm- circle up for dinner and pray

5:30pm- clean up

6:00pm- bible study (Zach)

7:30pm- circle up, pray out, movie time

9:00pm- night watch (snack time ends)

10:00pm- lights out